



# Acorns Grading Form

Limitless Martial Arts Inc.  
2295 Dunwin Drive  
Mississauga, ON L5L 3S4

## Purple Stripes > Purple Belt

Name:	
Date:	Start Time:
<b>\$60.00</b>	

All instructions pertain to the **day of grading**.

1. Payment (exact cash preferred) must be submitted to Mr. Buen
2. Grading form must be submitted to Mr. Buen
3. Arrive at least 15-minutes prior to start time to warm up
4. Students must be in FULL UNIFORM.

1. I hereby submit my application to be tested at Limitless Martial Arts Inc.
2. I hereby waive my claim against any persons connected with the test for any injuries I may sustain and likewise, assume full responsibility for all of my actions in connection with said test.
3. I understand that the listed test fee is non-refundable.
4. I agree to accept the final grade as a result of my test.

Student Signature: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

### For the Examiner

THEORY	
Counting Korean (1-10)	
Meaning of Junbi	
Meaning of Charyot	
Meaning of Paro	
Meaning of Swiyo	
Meaning of Do Bok	
Meaning of Dojang	
Meaning of Twiro – Tara	
Student Oath	
Attendance	
Behavior	
Power	

FITNESS	
30 Jumping Jacks	
High Plank	
Low Plank	
20 Squats	
Criss – Cross Run	
Hammers	
CURRICULUM PRACTICAL	
Charyot	
Kyung Ye	
Junbi	
Parallel Stance Punch	
Parallel Stance Low Wedging Block	
Walking Stance w/ Low Wedging Block	
Sitting Stance Punch (measure)	
Sitting Stance Punch	
Turning Around in Walking Stance Low Wedging Block	

Score: \_\_\_\_\_ Weighted (30%): \_\_\_\_\_

Score: \_\_\_\_\_ Weighted (70%): \_\_\_\_\_

Examiner Signature: \_\_\_\_\_

**Final Result:** \_\_\_\_\_