



Grading Form

Limitless Martial Arts Inc.
3090 Mavis Road
Mississauga, ON, L5C 1T8

Red Stripe > Red Belt

Name:	
Date:	Start Time:
\$130.00	

All instructions pertain to the **day of grading**.

1. Payment (exact cash preferred) must be submitted to the Examiner
2. Grading form must be submitted to the Examiner
3. Arrive at least 15-minutes prior to start time to warm up
4. Students must be in full uniform. NO T-SHIRTS PERMITTED.

1. I hereby submit my application to be tested at Limitless Martial Arts Inc.
2. I hereby waive my claim against any persons connected with the test for any injuries I may sustain and likewise, assume full responsibility for all of my actions in connection with said test.
3. I understand that the listed test fee is non-refundable.
4. I agree to accept the final grade as a result of my test.

Student Signature: _____ Parent Signature: _____

For the Examiner

TRAINING SECRETS (9)	
PURPOSE & METHOD (to Yul-Gok)	
STANCE & TECHNIQUE (to Yul-Gok)	
PERFORM:	
PUMP SIDE KICK (from wall to wall)	
COUNTER SIDE, COUNTER BACK	
1-ON-1 FREE SPARRING	
2-ON-1 FREE SPARRING	
BEHAVIOUR	
ATTENDANCE	
POWER	

SAJU-JIRUGI							
SAJU-MAKGI							
CHON-JI TUL							
DAN-GUN TUL							
DO-SAN TUL							
WON-HYO TUL							
YUL-GOK TUL							
JOONG-GUN TUL							
TOI-GYE TUL							
3-STEP SPARRING	1P	2P	3P	4P	5	6	
SELF DEFENSE:							
- RIGHT HIGH HOOK							
- PUSH WITH ONE HAND							
BOARD BREAKING:							
- SIDE KICK (from back leg)							
- TURNING KICK							
- FORE FIST PUNCH							

Score: _____ Weighted (30%): _____

Score: _____ Weighted (70%): _____

Bonus Marks: _____

Final Results: _____

Examiner Signature: _____
